## NEW PALTZ CENTRAL SCHOOL DISTRICT

Our Vision: students, staff, families, and community members are CITIZENS OF THE WORLD, PASSIONATE ABOUT LEARNING AND EMPOWERED to achieve their dreams.

Monday	Tuesday	Wednesday	Thursday	Friday
Offered daily: skim, 1%, strawberry skim (only MS,HS) and choodate skim milk; all are antibiotic and BGH free <b>We offer local fruits and vegetables.</b> (V) designates Vegetarian option (P) designates Pork product. (N) designates New item. We offer whole wheat/whole grain products.	Due to USDA regulations, students will be required to take a fruit or vegetable as part of their unch meal. This organization is an equal opportunity provider and employer.	1 2020 Happy New Year	2 K-12 Bread Sticks (V) w/ Marinara Sauce Mozzarella Sticks Broccoli Peanut Butter and Jally	3 K-12 Stuffed Crust Pizza(V) Romaine Salad Fruit Juice
6	7	8	9	10
K-12 Chicken Tenders w/ Dipping Sauce Steamed Carrots Brown Rice	K-12 Grilled Cheese(V) Ham (P) Optional French Fries Baked Beans	K-12 French Toast (V) Sausage (P) Home Fries	K-12 Fried Chicken w/Gravy Mashed Potatoes Green Beans Dinner Roll	K-12 Stuffed Crust Pizza(V) Romaine Salad Fruit Juice
Ham and Cheese	Chicken Salad	Bologna and Cheese	Sliced Turkey	Tu na Salad
<i>13</i> K-12 General Tso Chicken Asian Vegetables Asian Style Rice	14 K-12 Nachos w/Cheese(V) w/Chili Steamed Carrots Refried Beans Mexican Rice	15 K-12 Bread Sticks (V) w/Marinara Sauce Mozzarella Sticks Vegtable Medley	16 K-12 Stuffed Crust Pizza(V) Romaine Salad Fruit Juice	17 Super's Conference Day
Roæt Beef	Tu key Salad	Salami and Cheese	Peanut Butter and Jelly	No School Today!
	21 K-8 Top Your Own Burger Alt. Veggie Burger (V) Lettuce, Tomato, Cheese French Fries Steamed Carrots	22 K-8 Soft Taco w/Cheese,Lettuce,Tomato Green Beans Refried Beans Mexican Rice	23 K-8 Chicken Quesadilla Alt. Bean Quesadilla (V) w/Salsa & Sour Cream Winter Vegetables Mexican Rice	24 K-8 Stuffed Crust Pizza(V) Romaine Salad Fruit Juice
I HAVE A DREAM	***HS Regents-Limited Menu***	***HS Regents-Limited Menu***	***HS Regents-Limited Menu***	***HS Regents-Limited Menu***
27	Ham and Cheese	Chicken Salad	Sliced Turkey	Tuna Salad
27 K-12 Chicken Nuggets w/ Dipping Sauce Vegetable Medley Pasta Salad	28 K-12 Pasta w/Sauce Mozzarella Sticks Tossed Salad Italian Vegetables	29 K-12 Meatball Parm Hero Broccoli White Bean Salad	<i>30</i> K-12 Diced Turkey w/Gravy Sweet Potatoes Brown Rice Dinner Roll	<i>31</i> K-12 Stuffed Crust Pizza(V) Romaine Salad Fruit Juice
Roast Beef	Tu key Salad	Bologna and Cheese	Salami and Cheese	Tu na Salad